



Fresh From A.J.

MONDAY NOVEMBER 4th, 2024



Market News

Yellow Beans from Florida have arrived. The tomato market has been affected by poor weather in the Florida region. We recommend our salad tomato as an alternative until the market stabilizes.

FEATURED



SQUASH




LUCY ROSE APPLES



PERSIMMON

Strawberries

 Market price saw a jump. Quality is fair.

Blueberries

 Market pricing is dropping. Supply and quality is excellent.

Blackberries

 Market price is dropping. Excellent quality!

Raspberries

 Market price is stable. Quality is very good.

Cantaloupe Melon

 Shipping size #9 & #12's. Market pricing is steady, but still on high side.

Honeydew

 Shipping honeydew size #5 & #8. Market pricing is stable, but high.

Watermelons

 Market pricing is stable. U.S.A. product with great flavour.

Mangos

 Market price is stable. Size #8 with good quality.

Pineapples

 Market price is stable. Quality is excellent! Extra Sweet!

Avocado


 Market price is coming down. Quality is excellent, supply is improving.

Limes

 Market price is stable. Quality is great!

Lemons

 Market pricing is steady. Shipping #88 & #138 count.

Grapes Red Seedless

 Market pricing is high. Quality is excellent. California product.

Grapes Green Seedless

 Market pricing is high. Quality is excellent. California product.

Florida Tomatoes


 Market pricing is climbing.

Roma Tomatoes

 Excellent quality & flavour. Market price is climbing. Ontario product.

Green House Tomatoes

 Quality is excellent! Local Ontario still available.

Asparagus

 Market pricing is dropping. Thick & large sized bunches. Supply is limited.



Fresh From A.J.



MONDAY NOVEMBER 4th, 2024

FEATURED



ASPARAGUS



YELLOW BEANS




SQUASH

Romaine



Back to U.S.A. Romaine. Pricing saw a big jump. Quality is excellent!

Iceberg



Market price is climbing. Back to U.S.A. product. Supply is limited.

Green & Red Leaf



Market pricing is stable. Quality is fair but improving.

Spring Mix / Lettuce Blends



Market price is stable. Quality is fair due to weather.

Cauliflower




Market pricing is up. Ontario product. Purple, Golden & Romanesco.

Broccoli



Market price is up. Quality is excellent!

Celery



Market price is stable. Quality is excellent!

Brussel Sprouts



Quality is excellent. Market price is stable.

Green Peppers



Market price is high. Quality is great! U.S.A.

Red Peppers



Market price is climbing. Quality is great!

Yellow Pepper




Market price is stable. Quality is great!

Green Beans



Back to U.S.A. product. Quality is excellent! Pricing is high.

Carrots




Market price is dropping. Quality is very good. Ontario product.

Onions Red & Spanish




Prices are coming stable. Red and Spanish Onions.

Potatoes



Prices are steady. New crop of Ontario potatoes.

Potatoes Yukon Gold



Quality is excellent. New Crop of Ontario Potatoes.

