

FEATURED ITEMS



SQUASH



SWEET POTATO (YAMS)



FRESH CUT FALL ROOT **VEGETABLES**











Fresh From A.J.





Market remains stable this week.

The American Thanksgiving holiday could apply pressure to supply. Harvest Fresh Chopped & Super Blend Kale now available @ AJL!



Strawberries

Market price is high. Quality is good.



Blueberries

Market pricing is stable. Quality is excellent.



Blackberries

Good pricing & quality.



Raspberries

Market pricing is stable.



Cantaloupe Melon

Shipping size #9 & #12's. Market pricing is dropping.



Honeydew

Shipping honeydew sizes #5 & #8. Market pricing is dropping.



Watermelons

Pricing is good, with great flavour.



Mangos

Market price is stable. Supply is improving.



Pineapples

The market price is steady. Quality is excellent!



Avocado

Market price is stable. Quality is excellent.



Limes

Market price is stable and still in short supply.



Lemons

Market pricing is high. Shipping #88 & #140.



Grapes Red Seedless

Market pricing is steady, but high. Quality is excellent.



Grapes Green Seedless

Market pricing is steady, but high. Quality is excellent.



Florida Tomatoes



Market pricing is stable.



Roma Tomatoes



Excellent quality & flavour. Pricing is stable.



Green House Tomatoes



Ontario now available.



Asparagus

Market pricing is stable. Product is from Mexico.





LUCY ROSE APPLES



CALIFORNIA NAVEL ORANGES







HARVEST FRESH SALADS



BABY BUTTER CAKES













Fresh From A.J

MONDAY NOVEMBER 20th, 2023



Romaine

Market price is stable this week.



Iceberg

Market price is stable. Quality is excellent.

Green & Red Leaf



Supply & price are good.



Market price is stable.

Cauliflower



Market pricing is steady. Purple, Golden & Romanesco available



Broccoli

Quality is excellent! Market price is steady.

Celery



Market price is stable and quality is excellent.

Brussel Sprouts

Quality is excellent. Market price is good. This week's good buy!

Green Peppers



Market price is climbing. Product of U.S.A.

Red Peppers

Market price is steady. Ontario product with both 25lb & 5kg available.

Yellow Pepper



Market price is steady. Ontario product with both 25lb & 5kg available.



Green Beans

Pricing is stable. U.S.A. product. Quality is excellent.

Carrots



Pricing is high. Quality is very good. Ontario product.

Onions Red & Spanish



Prices are steady for Red and Spanish Onions. Quality is excellent.

Potatoes



Prices are steady. Ontario & U.S.A. potatoes.

Potatoes Yukon Gold



Quality is excellent. Market price is stable. Local Ontario product.



