



# Fresh From A.J.

MONDAY MAY 6<sup>th</sup>, 2024



## Market News

Gus' pick of the week, Ontario Salad Tomatoes & Asparagus. Checkout our local item list for availability and updates. We have gorgeous floral options for Mother's Day!

### FEATURED FRUITS





















### CALIFORNIA PEACHES & APRICOTS



### STRAWBERRIES



### CHERRIES

 <p><b>Strawberries</b> Market price is great. California berry with excellent quality.</p>	 <p><b>Blueberries</b> Market pricing is stable. Quality is excellent.</p>
 <p><b>Blackberries</b> Price is slightly stable. Quality is excellent!</p>	 <p><b>Raspberries</b> Market pricing is high. Driscoll brand with Excellent quality.</p>
 <p><b>Cantaloupe Melon</b> Shipping size #9 &amp; #12's. Market pricing is steady.</p>	 <p><b>Honeydew</b> Shipping honeydew size #5 &amp; #8. Market pricing is steady.</p>
 <p><b>Watermelons</b> Market pricing is steady. Texas product with great flavour</p>	 <p><b>Mangos</b> Market price is stable. Large size with good quality.</p>
 <p><b>Pineapples</b> The market price is high. Quality is excellent! Extra Sweet!</p>	 <p><b>Avocado</b> Market price is steady. Quality is excellent. Shipping #40 &amp; #12.</p>
 <p><b>Limes</b> Market price is stable. Supply is good. Quality improving.</p>	 <p><b>Lemons</b> Market pricing is stable. Shipping #75 &amp; #138 count.</p>
 <p><b>Grapes Red Seedless</b> Market pricing is dropping. Quality is excellent.</p>	 <p><b>Grapes Green Seedless</b> Market pricing steady. Quality is excellent.</p>
 <p><b>Florida Tomatoes</b> Market pricing is climbing. We recommend trying our salad tomato.</p>	 <p><b>Roma Tomatoes</b> Excellent quality &amp; flavour. Market price is steady.</p>
 <p><b>Green House Tomatoes</b> Quality &amp; market price is excellent! Local Ontario still available.</p>	 <p><b>Asparagus</b> Market pricing is stable. Local product. Thick &amp; large sized bunches.</p>



**FEATURED VEGETABLES**



**ONTARIO ASPARAGUS**



**SWISS CHARD**





**LOCAL SALAD TOMATOES**

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<p><b>Romaine</b></p>  <p>Market price is back up due to weather. Quality is excellent.</p>	<p><b>Iceberg</b></p>  <p>Market price is back up due to weather.</p>
<p><b>Green &amp; Red Leaf</b></p>  <p>Market pricing is high. Quality is improving.</p>	<p><b>Spring Mix / Lettuce Blends</b></p>  <p>Market price is stable. Quality is fair due to weather.</p>
<p><b>Cauliflower</b></p>  <p>Market pricing is very high. Quality is excellent!</p>	<p><b>Broccoli</b></p>  <p>Quality is excellent! Market price is slightly up.</p>
<p><b>Celery</b></p>  <p>Market price is climbing. Quality is excellent!</p>	<p><b>Brussel Sprouts</b></p>  <p>Quality is excellent. Market price is down.</p>
<p><b>Green Peppers</b></p>  <p>Market price is stable. Product of U.S.A. Quality is great!</p>	<p><b>Red Peppers</b></p>  <p>Our 25lb peppers are one of this week's best buy! Quality is great!</p>
<p><b>Yellow Pepper</b></p>  <p>Market price is steady. Our 25lb peppers are one of this week's best buy.</p>	<p><b>Green Beans</b></p>  <p>Florida U.S.A. product. Quality is improving.</p>
<p><b>Carrots</b></p>  <p>Pricing is climbing. Quality is very good. Ontario product.</p>	<p><b>Onions Red &amp; Spanish</b></p>  <p>Prices are high and climbing for Red and Spanish Onions.</p>
<p><b>Potatoes</b></p>  <p>Prices are steady. Ontario &amp; U.S.A. potatoes.</p>	<p><b>Potatoes Yukon Gold</b></p>  <p>Quality is excellent. Market price is stable. Local Ontario product.</p>

