



Fresh From A.J.

MONDAY MARCH 18TH, 2024



Market News

Market is stable this week.

Asparagus, Brussel Sprouts & Green Beans are good buys. Checkout our Spring & Easter promo for beautiful floral arrangements.

FEATURED FRUITS





















PINEAPPLES



STRAWBERRIES



ROYAL GALA APPLES

 <p>Strawberries Market price down considerably this week. Quality is outstanding!</p>	 <p>Blueberries Market pricing is stable. Quality is excellent.</p>
 <p>Blackberries Price is down and quality is excellent!</p>	 <p>Raspberries Market pricing is dropping. Driscoll brand with Excellent quality.</p>
 <p>Cantaloupe Melon Shipping size #9 & #12's. Market pricing coming down.</p>	 <p>Honeydew Shipping honeydew size #5 & #8. Market pricing is excellent.</p>
 <p>Watermelons Market pricing is a little high, with great flavour.</p>	 <p>Mangos Market price is down. Large size with good quality.</p>
 <p>Pineapples The market price is steady. Quality is excellent! Extra Sweet!</p>	 <p>Avocado Market price is stable. Quality is excellent. Shipping #32 & #12.</p>
 <p>Limes Market price is stable. Supply is good. Quality improving.</p>	 <p>Lemons Market pricing is stable. Shipping #75& #140 count.</p>
 <p>Grapes Red Seedless Market pricing is falling. Quality is excellent. Product of USA.</p>	 <p>Grapes Green Seedless Market pricing is still high. Quality is excellent. Product of Peru.</p>
 <p>Florida Tomatoes Market pricing remains high due to weather.</p>	 <p>Roma Tomatoes Excellent quality & flavour. Market price is up this week.</p>
 <p>Green House Tomatoes Quality & market price is excellent! Local Ontario still available.</p>	 <p>Asparagus Market pricing saw a significant drop. Thick & large sized bunches.</p>



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FEATURED VEGETABLES



ASPARAGUS



SWISS CHARD



BROCCOLINI/ASPIRATION



Romaine

Market price is very high.
Quality is fair.



Iceberg

Market price is very high.
Quality is fair.



Green & Red Leaf

Supply & price are good.
Quality is fair.



Spring Mix / Lettuce Blends

Market price is stable.
Quality is fair due to weather.



Cauliflower

Market pricing is steady.
Quality is excellent!



Broccoli

Quality is excellent!
Market price is stable.



Celery

Market price is stable.
Quality is excellent!



Brussel Sprouts

Quality is excellent.
Market price is good.
This week's good buy!



Green Peppers

Market price is stable.
Product of U.S.A.
Quality is great!



Red Peppers

Market price is climbing.
Quality is great!



Yellow Pepper

Market price is stable, but
still on the high side.



Green Beans

Pricing is coming down.
Florida U.S.A. product.
Quality is great!



Carrots

Pricing is dropping.
Quality is very good.
Ontario product.



Onions Red & Spanish

Prices remain high for
Red and Spanish Onions.
Quality is excellent!



Potatoes

Prices are steady.
Ontario & U.S.A.
potatoes.



Potatoes Yukon Gold

Quality is excellent.
Market price is stable.
Local Ontario product.

