

### **FEATURED FRUITS**



### **PINEAPPLES**



**STRAWBERRIES** 



**ROYAL GALA APPLES** 

# Fresh From A.J.

MONDAY MARCH 11<sup>TH</sup>, 2024



### **Market News**

Weather conditions and the shifting from growing regions has affected the market price of leaf vegetables. Asparagus, Brussel Sprouts, Green Beans & Strawberries continue to be good buys this week.



### Strawberries

Market price down considerably this week. Ouality is outstanding!



### Blueberries

Market pricing is stable. Quality is excellent.



### Blackberries

Price is down and quality is excellent!



### Raspberries

Market pricing is dropping. Driscoll brand with Excellent quality.



### Cantaloupe Melon

Shipping size #9 & #12's. Market pricing coming down.



### Honeydew

Shipping honeydew size #5 & #8. Market pricing is excellent.



### Watermelons

Market pricing is a little high, with great flavour.



### Mangos

Market price is down. Large size with good quality.



### Pineapples

The market price is steady. Quality is excellent! Extra Sweet!



### Avocado

Market price is stable. Quality is excellent. Shipping #32 & #12.



### Limes

Market price is stable. Supply is good. Quality improving.



### Lemons

Market pricing is stable. Shipping #75& #140 count.



### Grapes Red Seedless

Market pricing is falling. Quality is excellent. Product of USA.



### Grapes Green Seedless

Market pricing is still high. Quality is excellent. Product of Peru.



### Florida Tomatoes

Market pricing remains high due to weather.



### Roma Tomatoes

Excellent quality & flavour. Market price is up this week.



### Green House Tomatoes

Quality & market price is excellent! Local Ontario still available.



### Asparagus

Market pricing saw a significant drop. Thick & large sized bunches.



### FEATURED VEGETABLES





**ASPARAGUS** 



**SWISS CHARD** 



**BROCCOLINI/ASPIRATION** 

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### Romaine

Market price is very high. Quality is fair.



### Iceberg

Market price is very high. Quality is fair.

### Green & Red Leaf



Supply & price are good. Quality is fair.



# Spring Mix / Lettuce Blends



Market price is stable. Quality is fair due to weather.

### Cauliflower



Market pricing is steady. Quality is excellent!



## Broccoli

Quality is excellent! Market price is stable.

### Celery



Market price is stable. Quality is excellent!

### Brussel Sprouts

Quality is excellent. Market price is good. This week's good buy!

# Green Peppers



Market price is stable. Product of U.S.A. Quality is great!



# Red Peppers

Market price is dropping. Quality is great!

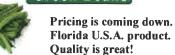
### Yellow Pepper



Market price is stable, but still on the high side.



### Green Beans



### Carrots



Pricing is dropping. Quality is very good. Ontario product.

# Onions Red & Spanish



Prices remain high for Red and Spanish Onions. Quality is excellent!

### Potatoes



Prices are steady. Ontario & U.S.A. potatoes.

### Potatoes Yukon Gold



Quality is excellent. Market price is stable. Local Ontario product.

