

FEATURED ITEMS



ONTARIO STRAWBERRIES



CHERRIES



MANGOES













MONDAY JUNE 5TH, 2023

Market News

Local items now available;

Asparagus, Kale, Collards, Rhubarb, Green Leaf, Romaine and more... Strawberries, Broccoli and Cauliflower, are this week's good buys!



Strawberries

Market price is stable. Excellent quality.



Blueberries

Market pricing is climbing. Quality is excellent and full pints.



Blackberries

Pricing is stable this week. Good quality and sizing.



Raspberries

Market pricing is stable with very good quality.



Cantaloupe Melon

Shipping size 9 & 12's. Market pricing is steady with good quality.



Honeydew

Shipping honeydew sizes 9 & 6's. Market pricing is stable & quality is good.



Watermelons

Pricing is stable. **USA** Melons with great flavour.



Mangos

Market pricing and quality are good. Size #8.



Pineapples

The market price is steady and quality is excellent! Extra Sweet!



Avocado

Market pricing is stable, as supply remains limited. Quality is excellent.



Limes

Market price is coming down.



Lemons

Market pricing is stable. Shipping size #113 and #64. Meyer lemons available.



Grapes Red Seedless

Market pricing is extremely high. New crop from Mexico. Black grapes are also excellent!



Grapes Green Seedless

Market price is extremely high and in limited supply. New crop from Mexico.





Market pricing is stable. Quality is very good.

Roma Tomatoes



Market price is stable. Excellent Quality & Flavour

Green House Tomatoes



Quality and market price is excellent!



Asparagus

Market price saw a big drop. Local Ontario product. White & Purple is also available.





PURPLE CAULIFLOWER

LOCAL ASPARAGUS





Fresh From A.J.

MONDAY JUNE 5th, 2023



Romaine

Market price is stable, with short supply.



Iceberg

Market pricing is dropping. Excellent quality.

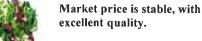
Green & Red Leaf



Excellent quality, market price is dropping.



Spring Mix / Lettuce Blends



Cauliflower



Market price is stable. Purple & Golden also available.



Broccoli

Quality is excellent! Market price is stable.

Celery



Product of U.S.A. Market price is very high.



Brussel Sprouts

Quality is excellent. Market price is high. U.S.A product.

Green Peppers



Shipping product from Florida. Market price dropped with good quality.



Red Peppers

Market price is stable. Ontario product with excellent quality!

Yellow Pepper



Local Ontario product. Market price is steady with good quality.



Green Beans

Pricing is stable. Quality is improving. Good buy this week!

ONTARIO ZUCCHINI FLOWERS





Onions Red & Spanish



Prices are climbing for Red and Spanish Onions. Quality is excellent.

Potatoes

Carrots

Prices are steady. Quality is good and supplies are steady.

Pricing is climbing and

quality is very good.

Potatoes Yukon Gold



Quality of white creamers and Yukon's are excellent. Pricing is stable.

















