

#### **FEATURED ITEMS**



**ONTARIO STRAWBERRIES** 



CHERRIES



**MANGOES** 











# Fresh From A.J.

MONDAY JUNE 19<sup>TH</sup>, 2023

#### **Market News**

Our locally grown item list is now available. Salad Tomatoes, Cauliflower & Ontario Strawberries are this week's good buys.



### Strawberries

Market price is climbing.



### Blueberries

Market pricing is stable. Quality is excellent and full pints.



#### Blackberries

Pricing is up slightly this week.



## Raspberries

Market pricing is stable with very good quality.



#### Cantaloupe Melon

Shipping size 9 & 12's. Market pricing is steady with good quality.



### Honeydew

Shipping honeydew sizes 5 & 8. Market pricing is high & quality is good.



### Watermelons

Pricing is stable. **USA Melons with great** flavour.



### Mangos

Market pricing and quality are good. Size #7.



## Pineapples

The market price is steady and quality is excellent! Extra Sweet!



## Avocado

Market pricing is climbing. New crop and green.



#### Limes

Market price is coming down.



#### Lemons

Market pricing is stable. Shipping size #113 and #64. Meyer lemons available.



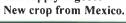
## Grapes Red Seedless

Market pricing saw another big drop. New crop from Mexico.



### Grapes Green Seedless

Market pricing saw a big drop and supply is good.





### Florida Tomatoes

Market pricing is stable. Quality is very good.



## Roma Tomatoes



Market price is stable. **Excellent Quality & Flavour.** 

# **Green House Tomatoes**

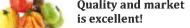


Quality and market price



## Asparagus

Market priceis stable. Local Ontario product. White & Purple is also available.





**PURPLE CAULIFLOWER** 



# Romaine



Market price is stable, with short supply.

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## Iceberg

Market pricing is dropping. Excellent quality.

### Green & Red Leaf



Excellent quality, market price is dropping.



Market price is stable, with excellent quality.

## Cauliflower

Celery



Market price is dropping. Purple & Golden also available.



## Broccoli

Quality is excellent! Market price is stable.



Product of U.S.A. Market price is very high.

Green Peppers

## **Brussel Sprouts**

Quality is excellent. Market price is high. U.S.A product.

## **ONTARIO ASPARAGUS**



Shipping product from Florida. Market price dropped with good quality.



## Red Peppers

Market price is stable. Ontario product with excellent quality!

## Yellow Pepper



Local Ontario product. Market price is steady with good quality.



## Green Beans

Pricing is stable. Quality is improving. Good buy this week!

## **ONTARIO ZUCCHINI FLOWERS**





Prices are steady.

Pricing is stable and

quality is very good.

## Onions Red & Spanish



Prices are stable for Red and Spanish Onions. Quality is excellent.

## **Potatoes**

Carrots



Quality is good and supplies are steady.

## Potatoes Yukon Gold



Quality of white creamers and Yukon's are excellent. Market price is climbing..















