



Fresh From A.J.

MONDAY JUNE 10th, 2024



Market News

Local arrivals this week include flat leaf and curly parsley, endive, escarole, and both green and yellow zucchini.

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FEATURED FRUITS




CALIFORNIA APRICOTS



LOCAL STRAWBERRIES



CHERRIES

Strawberries
 Market price is great. California berry with excellent quality.

Blueberries
 Market pricing is stable. Quality is excellent.

Blackberries
 Price is slightly stable. Quality is excellent!

Raspberries
 Market pricing is down. Driscoll brand with Excellent quality.

Cantaloupe Melon
 Shipping size #9 & #12's. Market pricing is down.


Honeydew
 Shipping honeydew size #5 & #8. Market pricing is down.

Watermelons
 Market pricing is steady. Texas product with great flavour

Mangos
 Market price is stable. Large size with good quality.

Pineapples
 The market price is high. Quality is excellent! Extra Sweet!

Avocado
 Market price is very high. Quality is excellent. Shipping #48 & #14.

Limes
 Market price is stable. Supply is good. Quality improving.

Lemons
 Market pricing is stable. Shipping #75 & #113 count.

Grapes Red Seedless
 Market pricing is dropping. Quality is excellent.

Grapes Green Seedless
 Market pricing is dropping. Quality is excellent.

Florida Tomatoes
 Market pricing is climbing. We recommend trying our salad tomato.

Roma Tomatoes
 Excellent quality & flavour. Market price is on the high side.

Green House Tomatoes
 Quality & market price is excellent! Local Ontario still available.

Asparagus
 Market pricing is stable. Local product. Thick & large sized bunches.

FEATURED VEGETABLES



ONTARIO ROMAINE LETTUCE



ONTARIO ASPARAGUS



SWISS CHARD

















LOCAL SALAD TOMATOES

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<p>Romaine</p>  <p>Local grown Ontario Romaine now available. Quality is excellent!</p>	<p>Iceberg</p>  <p>Market price is very high.</p>
<p>Green & Red Leaf</p>  <p>Market pricing is high. Quality is improving.</p>	<p>Spring Mix / Lettuce Blends</p>  <p>Market price is stable. Quality is fair due to weather.</p>
<p>Cauliflower</p>  <p>Market pricing is stable. Quality is excellent!</p>	<p>Broccoli</p>  <p>Quality is excellent! Market price is stable.</p>
<p>Celery</p>  <p>Market price is stable. Quality is excellent!</p>	<p>Brussel Sprouts</p>  <p>Quality is excellent. Market price is climbing.</p>
<p>Green Peppers</p>  <p>Market price is stable. Product of U.S.A. Quality is great!</p>	<p>Red Peppers</p>  <p>Our 25lb peppers are one of this week's best buy! Quality is great!</p>
<p>Yellow Pepper</p>  <p>Market price is steady. Our 25lb peppers are one of this week's best buy.</p>	<p>Green Beans</p>  <p>Quality is poor. Fine French beans are a good alternative.</p>
<p>Carrots</p>  <p>Pricing is climbing. Quality is very good. Ontario product.</p>	<p>Onions Red & Spanish</p>  <p>Prices are high and climbing for Red and Spanish Onions.</p>
<p>Potatoes</p>  <p>Prices are steady. Ontario & U.S.A. potatoes.</p>	<p>Potatoes Yukon Gold</p>  <p>Quality is excellent. Market price is stable. Local Ontario product.</p>

