



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY JULY 15th, 2024



Market News

This week's local list is packed with fresh new arrivals. Ontario cauliflower, basket tomatoes, peaches and more. Stay updated on our local list and more by following us on Facebook & Instagram.

FEATURED FRUITS




PEACHES




STRAWBERRIES



CHERRIES

Strawberries

 Market price is stable.
 California berry with excellent quality.

Blueberries

 Market pricing is down.
 Supply is limited.

Blackberries

 Pricing is slightly up.
 Quality is excellent.

Raspberries

 Price is climbing.
 Quality is good.
 Local Ontario available.

Cantaloupe Melon

 Shipping size #9 & #12's.
 Market pricing is dropping.

Honeydew

 Shipping honeydew size #5 & #8. Market pricing is dropping.

Watermelons

 Market pricing is dropping.
 Texas product with great flavour.

Mangos

 Market price is stable.
 Large size with good quality.

Pineapples

 Market price is stable.
 Quality is excellent!
 Extra Sweet!

Avocado


 Market price is very high.
 Quality is excellent & supply is limited.

Limes

 Market price is stable.
 Supply is good.
 Quality improving.

Lemons

 Market pricing is stable.
 Shipping #72 & #138 count.

Grapes Red Seedless

 Market pricing is up.
 Quality is excellent.
 California product.

Grapes Green Seedless

 Market pricing is climbing.
 Quality is excellent.
 California product.

Florida Tomatoes

 Market pricing is climbing.
 We recommend trying our Ontario salad tomato.

Roma Tomatoes

 Excellent quality & flavour.
 Market price is on the high side and climbing.

Green House Tomatoes

 Quality is excellent!
 Local Ontario still available.

Asparagus

 Market pricing is climbing.
 Thick & large sized bunches.

FEATURED VEGETABLES



ROMAINE LETTUCE



CORN



SWISS CHARD



















FAVA BEANS

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<p>Romaine</p>  <p>Local & U.S.A. Romaine. Quality is excellent!</p>	<p>Iceberg</p>  <p>Market price stable. Excellent quality.</p>
<p>Green & Red Leaf</p>  <p>Market pricing is stable. Quality is improving.</p>	<p>Spring Mix / Lettuce Blends</p>  <p>Market price is stable. Quality is fair due to weather.</p>
<p>Cauliflower</p>  <p>Market pricing is stable. Quality is excellent! Ontario product.</p>	<p>Broccoli</p>  <p>Market price saw a significant drop. Quality is excellent!</p>
<p>Celery</p>  <p>Market price is stable. Quality is excellent!</p>	<p>Brussel Sprouts</p>  <p>Quality is excellent. Market price is very high.</p>
<p>Green Peppers</p>  <p>Market price is stable. Product of Ontario. Quality is great!</p>	<p>Red Peppers</p>  <p>Market price is dropping. Quality is great!</p>
<p>Yellow Pepper</p>  <p>Market price is dropping. Quality is great!</p>	<p>Green Beans</p>  <p>Local Green & Fine French beans. Quality is excellent!</p>
<p>Carrots</p>  <p>Market price is high. Quality is very good. Ontario product.</p>	<p>Onions Red & Spanish</p>  <p>Prices are stable Red and Spanish Onions.</p>
<p>Potatoes</p>  <p>Prices are steady. Ontario & U.S.A. potatoes.</p>	<p>Potatoes Yukon Gold</p>  <p>Quality is excellent. Market price is stable. Local Ontario product.</p>

