



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY JANUARY 8th, 2024



FEATURED FRUITS



PINEAPPLES





















CALIFORNIA NAVEL ORANGES



ROYAL GALA APPLES

Market News

The holiday season has come & gone. Market operation should return to normal within a week. Mangoes are limited & fresh crop of grapes arrive in 7-10 days. Fresh fava beans & garden peas are now available.

 <p>Strawberries Market price is dropping. Quality is excellent.</p>	 <p>Blueberries Market pricing is stable. Quality is excellent.</p>
 <p>Blackberries Market pricing is dropping. Excellent quality!</p>	 <p>Raspberries Market pricing is dropping. Excellent quality!</p>
 <p>Cantaloupe Melon Shipping size #9 & #12's. Market pricing is stable.</p>	 <p>Honeydew Shipping honeydew sizes #5 & #8. Market pricing is excellent.</p>
 <p>Watermelons Market pricing is a little high, with great flavour.</p>	 <p>Mangos Market price is high. Quality is good.</p>
 <p>Pineapples The market price is down. Quality is excellent! Extra Sweet!</p>	 <p>Avocado Market price is stable. Quality is excellent.</p>
 <p>Limes Market price is stable. Supply is good.</p>	 <p>Lemons Market pricing is stable. Shipping #75, #100 & #140 count.</p>
 <p>Grapes Red Seedless Market pricing is steady, but high. Quality is excellent. Product of USA.</p>	 <p>Grapes Green Seedless Market pricing is steady, but high. Quality is excellent. Product of Peru.</p>
 <p>Florida Tomatoes Market pricing is on the rise.</p>	 <p>Roma Tomatoes Excellent quality & flavour. Market price is climbing.</p>
 <p>Green House Tomatoes Quality & market price is excellent! Local Ontario still available.</p>	 <p>Asparagus Market pricing is high.</p>



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FEATURED VEGETABLES



FRESH GARDEN PEAS



FRESH FAVA BEANS



SQUASH

Romaine
 Market price is stable this week. Quality is excellent!

Iceberg
 Market price is stable. Quality is excellent.

Green & Red Leaf
 Supply & price are good.

Spring Mix / Lettuce Blends
 Market price is stable.

Cauliflower
 Market pricing is steady. Quality is excellent!

Broccoli
 Quality is excellent! Market price is steady.

Celery
 Market price is climbing and quality is excellent.

Brussel Sprouts
 Quality is excellent. Market price is good. This week's good buy!

Green Peppers
 Market price is climbing. Product of U.S.A. Quality is great!

Red Peppers
 Market price is stable, but still on the high side.

Yellow Pepper
 Market price is stable, but still on the high side.

Green Beans
 Pricing is stable. U.S.A. product. Quality is improving.

Carrots
 Pricing is high. Quality is very good. Ontario product.

Onions Red & Spanish
 Prices are climbing for Red and Spanish Onions. Quality is excellent.

Potatoes
 Prices are steady. Ontario & U.S.A. potatoes.

Potatoes Yukon Gold
 Quality is excellent. Market price is stable. Local Ontario product.

