



Fresh From A.J.

MONDAY JANUARY 22nd, 2024



Market News

The market pricing is up considerably this week. A combination of availability and transport costs causing the surge. Strawberries saw a healthy drop this week and is an excellent buy!

FEATURED FRUITS





















PINEAPPLES



CALIFORNIA NAVEL ORANGES



ROYAL GALA APPLES

 <p>Strawberries Market price saw a big drop this week. Quality is excellent.</p>	 <p>Blueberries Market pricing is stable. Quality is excellent.</p>
 <p>Blackberries Market pricing is dropping. Excellent quality!</p>	 <p>Raspberries Market pricing is high. Excellent quality!</p>
 <p>Cantaloupe Melon Shipping size #9 & #12's. Market pricing is high.</p>	 <p>Honeydew Shipping honeydew sizes #5 & #8. Market pricing is excellent.</p>
 <p>Watermelons Market pricing is a little high, with great flavour.</p>	 <p>Mangos Market price is high. Quality is good.</p>
 <p>Pineapples The market price is down. Quality is excellent! Extra Sweet!</p>	 <p>Avocado Market price is stable. Quality is excellent.</p>
 <p>Limes Market price is climbing. Supply is good.</p>	 <p>Lemons Market pricing is stable. Shipping #75, #100 & #100 count.</p>
 <p>Grapes Red Seedless Market pricing is high. Quality is excellent. Product of USA.</p>	 <p>Grapes Green Seedless Market pricing is high. Quality is excellent. Product of Peru.</p>
 <p>Florida Tomatoes Market pricing is on the rise.</p>	 <p>Roma Tomatoes Excellent quality & flavour. Market price is high.</p>
 <p>Green House Tomatoes Quality & market price is excellent! Local Ontario still available.</p>	 <p>Asparagus Market pricing is high.</p>



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.



MONDAY JANUARY 22nd, 2024

FEATURED VEGETABLES



ROMANESCO & CAULIFLOWER



FRESH FAVA BEANS



PURPLE YAMS

Romaine



Market price is stable this week. Quality is excellent!

Iceberg



Market price is stable. Quality is excellent.

Green & Red Leaf



Supply & price are good.

Spring Mix / Lettuce Blends



Market price is stable.

Cauliflower



Market pricing is steady. Quality is excellent!

Broccoli



Quality is excellent! Market price is steady.

Celery



Market price is climbing and quality is excellent.

Brussel Sprouts



Quality is excellent. Market price is good. This week's good buy!

Green Peppers



Market price is climbing. Product of U.S.A. Quality is great!

Red Peppers



Market price is stable, but still on the high side.

Yellow Pepper



Market price is stable, but still on the high side.

Green Beans



Pricing is stable. U.S.A. product. Quality is improving.

Carrots



Pricing is high. Quality is very good. Ontario product.

Onions Red & Spanish



Prices are climbing for Red and Spanish Onions. Quality is excellent.

Potatoes



Prices are steady. Ontario & U.S.A. potatoes.

Potatoes Yukon Gold



Quality is excellent. Market price is stable. Local Ontario product.

