



Fresh From A.J.

MONDAY FEBRUARY 5th, 2024



Market News

Asparagus and Brussel Sprouts are this week's value buys. Our Long Stem Strawberries have arrived and supply is limited. Checkout our 2024 Valentine's Day promo for floral options.

FEATURED FRUITS





















PINEAPPLES



LONG STEM STRAWBERRIES



ROYAL GALA APPLES

 <p>Strawberries Market price is climbing. Long Stem Strawberries now available.</p>	 <p>Blueberries Market pricing is stable. Quality is excellent.</p>
 <p>Blackberries Market pricing is dropping. Excellent quality!</p>	 <p>Raspberries Market pricing saw a drop. Driscoll brand with excellent quality!</p>
 <p>Cantaloupe Melon Shipping size #9 & #12's. Market pricing is high.</p>	 <p>Honeydew Shipping honeydew sizes #5 & #8. Market pricing is excellent.</p>
 <p>Watermelons Market pricing is a little high, with great flavour.</p>	 <p>Mangos Market price saw a drop this week. Quality is good.</p>
 <p>Pineapples The market price is steady. Quality is excellent! Extra Sweet!</p>	 <p>Avocado Market price is stable. Quality is excellent.</p>
 <p>Limes Market price is climbing. Supply is good.</p>	 <p>Lemons Market pricing is stable. Shipping #75& #100 count.</p>
 <p>Grapes Red Seedless Market pricing is high. Quality is excellent. Product of USA.</p>	 <p>Grapes Green Seedless Market pricing is high. Quality is excellent. Product of Peru.</p>
 <p>Florida Tomatoes Market pricing is dropping.</p>	 <p>Roma Tomatoes Excellent quality & flavour. Market price is high.</p>
 <p>Green House Tomatoes Quality & market price is excellent! Local Ontario still available.</p>	 <p>Asparagus Market pricing saw a significant drop. Mexican crop has arrived. Thick & large sized bunches.</p>



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FEATURED VEGETABLES



VALENTINE'S DAY FLORAL



FRESH FAVA BEANS



PURPLE YAMS

Romaine
 Market price is stable this week. Quality is excellent!

Iceberg
 Market price is stable. Quality is excellent.

Green & Red Leaf
 Supply & price are good.

Spring Mix / Lettuce Blends
 Market price is stable.

Cauliflower
 Market pricing is steady. Quality is excellent!

Broccoli
 Quality is excellent! Market price is down.

Celery
 Market price is stable and quality is excellent.

Brussel Sprouts
 Quality is excellent. Market price is good. This week's good buy!

Green Peppers
 Market price is steady. Product of U.S.A. Quality is great!

Red Peppers
 Market price is stable, but still on the high side.

Yellow Pepper
 Market price is stable, but still on the high side.

Green Beans
 Pricing is high. U.S.A. product.

Carrots
 Pricing is high. Quality is very good. Ontario product.

Onions Red & Spanish
 Prices are climbing for Red and Spanish Onions. Quality is excellent.

Potatoes
 Prices are steady. Ontario & U.S.A. potatoes.

Potatoes Yukon Gold
 Quality is excellent. Market price is stable. Local Ontario product.

