



Fresh From A.J.

MONDAY AUGUST 12TH, 2024



Market News

Roma & San Marzano Tomatoes in the bushel are now available.
 “Picks of the Week”
 Ontario Corn, Field & Beefsteak Tomatoes.

FEATURED FRUITS



PEACHES




NECTARINES




YELLOW PLUMS

Strawberries
 Market price is stable.
 Ontario late bloom pack.

Blueberries
 Market pricing is stable.
 Supply and quality is excellent.

Blackberries
 Quality is excellent.
 Market price is stable.
 Ontario available.

Raspberries
 Price is stable.
 Quality is good.

Cantaloupe Melon
 Shipping size #9 & #12's.
 Market pricing is dropping.

Honeydew
 Shipping honeydew size #5
 & #8. Market pricing is stable.

Watermelons
 Market pricing is dropping.
 Texas product with great flavour.

Mangos
 Market price is stable.
 Large size with good quality.

Pineapples
 Market price is high.
 Quality is excellent!
 Extra Sweet!

Avocado
 Market price is stable.
 Quality is excellent & supply is improving.

Limes
 Market price is stable.
 Supply is good.
 Quality improving.

Lemons
 Market pricing is stable.
 Shipping #75 & #138 count.

Grapes Red Seedless
 Market pricing is stable.
 Quality is excellent.
 California product.

Grapes Green Seedless
 Market pricing is stable.
 Quality is excellent.
 California product.

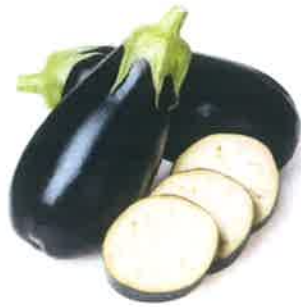
Florida Tomatoes
 Market pricing is climbing.
 We recommend trying our Ontario salad tomato.

Roma Tomatoes
 Excellent quality & flavour.
 Market price is dropping.

Green House Tomatoes
 Quality is excellent!
 Local Ontario still available.

Asparagus
 Market pricing is stable.
 Thick & large sized bunches.

FEATURED VEGETABLES



EGGPLANT



CORN



SWISS CHARD



















**BABY CAULIFLOWER
"CAULILINI"**



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 <p>Romaine Back to U.S.A. Romaine. Pricing is good and quality is excellent!</p>	 <p>Iceberg Market price stable. Back to U.S.A. product. Excellent quality.</p>
 <p>Green & Red Leaf Market pricing is stable. Quality is improving.</p>	 <p>Spring Mix / Lettuce Blends Market price is stable. Quality is fair due to weather.</p>
 <p>Cauliflower Market pricing is stable. Quality is excellent! Ontario product.</p>	 <p>Broccoli Market price saw a significant drop. Quality is excellent!</p>
 <p>Celery Market price is stable. Quality is excellent!</p>	 <p>Brussel Sprouts Quality is excellent. Market price is dropping.</p>
 <p>Green Peppers Market price is dropping. Product of Ontario. Quality is great!</p>	 <p>Red Peppers Market price is stable. Quality is great!</p>
 <p>Yellow Pepper Market price is stable. Quality is great!</p>	 <p>Green Beans Local Green & Fine French beans. Quality is excellent!</p>
 <p>Carrots Market price is dropping. Quality is very good. Ontario product.</p>	 <p>Onions Red & Spanish Prices are stable Red and Spanish Onions.</p>
 <p>Potatoes Prices are steady. New crop of Ontario potatoes.</p>	 <p>Potatoes Yukon Gold Quality is excellent. New Crop of Ontario Potatoes.</p>

