



FEATURED



BRUSSEL SPROUTS



ARTISAN LETTUCE



HAVEN ONTARIO SPRING MIX



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Fresh From A.J.

MONDAY MARCH 23rd, 2026



 <p>Romaine Market price is stable. U.S.A Andy Boy Product.</p>	 <p>Iceberg Market price is stable. Quality is excellent. Product of U.S.A.</p>
 <p>Green & Red Leaf Market price is stable. U.S.A Andy Boy Product.</p>	 <p>Spring Mix / Lettuce Blends Market Price is stable. We recommend our local spring mix product.</p>
 <p>Cauliflower Market price is stable. Product of U.S.A. Quality is excellent! Gus' weekly pick!</p>	 <p>Broccoli Market price is stable. Quality is excellent! Product of U.S.A.</p>
 <p>Celery Market price is dropping. Quality is excellent! Product of U.S.A.</p>	 <p>Brussel Sprouts Market price is down. Product of Mexico Gus' weekly pick!</p>
 <p>Green Peppers Market price is high. Quality is excellent.</p>	 <p>Red Peppers Market price is high. Quality is excellent!</p>
 <p>Yellow Pepper Market price is high. Quality is great!</p>	 <p>Green Beans Market price is high. Product of U.S.A. Quality is fair.</p>
 <p>Carrots Market price is high & climbing. Product of Ontario.</p>	 <p>Onions Red & Spanish Market price is stable. Quality is excellent. Product of U.S.A.</p>
 <p>Potatoes Market price is stable. Shipping #1 grade product out of P.E.I.</p>	 <p>Potatoes Yukon Gold Quality is excellent. Product of P.E.I.</p>





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Market News

Gus' picks this week Brussel Sprouts and Cauliflower.
 Artisan lettuce is back in stock... Have you tried our local spring mix?
 Easter Floral Flyer is now available!

FEATURED



STRAWBERRIES



STEM & LEAF CLEMENTINE



FROZEN WILD LEEKS & FIDDLEHEADS



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 <p>Strawberries Market price saw a big drop. Excellent quality! California U.S.A.</p>	 <p>Blueberries Market price is down. Excellent quality!</p>
 <p>Blackberries Market price is stable. Quality is excellent. Driscoll brand.</p>	 <p>Raspberries Market price is down. Quality is excellent. Driscoll brand.</p>
 <p>Cantaloupe Melon Shipping size #9, #12 Market price is stable. Product of U.S.A.</p>	 <p>Honeydew Shipping size #8 & #6. Market price is stable. Product of U.S.A.</p>
 <p>Watermelons Market pricing is climbing. Product of U.S.A. Quality is good.</p>	 <p>Mangos Market price is excellent Shipping #8. Product of Mexico</p>
 <p>Pineapples Market price is stable. Quality is excellent!</p>	 <p>Avocado Market price is stable. Shipping #12 & #36.</p>
 <p>Limes Market price is climbing. Shipping #175 & #42 count. Product of Mexico.</p>	 <p>Lemons Market pricing is stable. Shipping, #115 & #75. California Sunkist brand.</p>
 <p>Grapes Red Seedless Market pricing is stable. Quality is excellent.</p>	 <p>Grapes Green Seedless Market price is stable. Jumbo size, with excellent quality.</p>
 <p>Florida Tomatoes Market price is high & climbing. Product of U.S.A.</p>	 <p>Roma Tomatoes Market price is high & climbing. Quality is excellent.</p>
 <p>Green House Tomatoes Market price is climbing. Ontario Hot House Heirloom Tomatoes.</p>	 <p>Asparagus Market price is climbing. Product of Peru. Shipping 5kg. Gus's Pick!</p>