



Fresh From A.J.

MONDAY JUNE 29th, 2026



FEATURED



ONTARIO ZUCCHINI FLOWERS




ONTARIO ASPARAGUS




CANADIAN GREEN LEAF



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Romaine

 Market price is dropping significantly.
 Product of Ontario.

Iceberg

 Market price is dropping significantly.
 Product of U.S.A.

Green & Red Leaf

 Market price is stable.
 Product of Canada & Andy Boy available.

Spring Mix / Lettuce Blends


 Market Price is stable.
 Hydroponic product of U.S.A now available!

Cauliflower

 Market price is up.
 Product of U.S.A.

Broccoli

 Market price is stable.
 Quality is excellent!
 Product of Mexico.

Celery

 Market price is stable.
 Quality is excellent!
 Product of U.S.A.

Brussel Sprouts

 Market price is stable.
 Product of Mexico.

Green Peppers

 Market price is climbing.
 Quality is excellent!
 Product of U.S.A.

Red Peppers


 Market price is climbing.
 Quality is excellent!
 Ontario product!

Yellow Pepper

 Market price is climbing.
 Quality is great!
 Ontario product!


Green Beans


 Current quality is fair at best. Fine French Beans are an alternative.

Carrots

 Market price is climbing.
 Product of China.

Onions Red & Spanish

 Market price is stable.
 Quality is excellent.
 Product of U.S.A.

Potatoes

 Market price is stable.
 Shipping #1 grade product out of P.E.I.

Potatoes Yukon Gold

 Market price is climbing.
 Quality is excellent.
 Product of P.E.I.





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Market News

Gus's picks include Asparagus, Brussel Sprouts & Corn. We have fresh arrival of red flesh Cara Cara Oranges. Our Local List is now available & updated weekly.

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RED FLESH CARA CARA ORANGES





















WASHINGTON CHERRIES



ONTARIO STRAWBERRIES



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 <p>Strawberries Market price is stable. California U.S.A. & Ontario available. Quality is excellent!</p>	 <p>Blueberries Market price is stable. Excellent quality!</p>
 <p>Blackberries Market price is climbing. Quality is excellent. Driscoll brand.</p>	 <p>Raspberries Market price is climbing. Quality is excellent.</p>
 <p>Cantaloupe Melon Shipping size #9, #12. Market price is extremely high.</p>	 <p>Honeydew Shipping size #8 & #5. Market price is climbing. Product of U.S.A.</p>
 <p>Watermelons Market price is stable. Product of U.S.A. Excellent quality.</p>	 <p>Mangos Market price is slightly up. Shipping #8. Altaulfo available.</p>
 <p>Pineapples Market price is stable. Quality is excellent & Extra Sweet!</p>	 <p>Avocado Market price is climbing. Shipping #14, & #16.</p>
 <p>Limes Market price is dropping. Shipping #175 & #42 count.</p>	 <p>Lemons Market pricing is climbing. Shipping, #125 & #95. California Sunkist brand.</p>
 <p>Grapes Red Seedless Market pricing is up. Quality is excellent. California U.S.A. product.</p>	 <p>Grapes Green Seedless Market pricing is stable. Quality is excellent. California U.S.A. product.</p>
 <p>Florida Tomatoes Market price is down, Product of U.S.A.</p>	 <p>Roma Tomatoes Market price is stable. Quality is excellent</p>
 <p>Green House Tomatoes Market price is stable. Ontario Hot House Heirloom Tomatoes.</p>	 <p>Asparagus Market price is climbing. Asparagus tips. Excellent quality! Local product.</p>