



Fresh From A.J.

MONDAY JULY 6th, 2026



FEATURED



ONTARIO ZUCCHINI FLOWERS



ONTARIO ASPARAGUS



CANADIAN GREEN LEAF



Scan to Access our Website

Romaine
 Market price is dropping significantly.
 Product of Ontario.

Iceberg
 Market price is dropping significantly.
 Product of U.S.A.

Green & Red Leaf
 Market price is stable.
 Product of Canada & Andy Boy available.

Spring Mix / Lettuce Blends
 Market Price is stable.
 Hydroponic product of U.S.A now available!

Cauliflower
 Market price is dropping.
 Product of U.S.A.

Broccoli
 Market price is down.
 Quality is excellent!
 Product of Mexico.

Celery
 Market price is stable.
 Quality is excellent!
 Product of U.S.A.

Brussel Sprouts
 Market price is stable.
 Product of Mexico.

Green Peppers
 Market price is climbing.
 Quality is excellent!
 Product of U.S.A.

Red Peppers
 Market price is climbing.
 Quality is excellent!
 Ontario product!

Yellow Pepper
 Market price is climbing.
 Quality is great!
 Ontario product!

Green Beans
 Quality is excellent.
 Product of Ontario.

Carrots
 Market price is climbing.
 Product of China.

Onions Red & Spanish
 Market price is climbing.
 Quality is excellent.
 Product of U.S.A.

Potatoes
 Market price is stable.
 Shipping #1 grade product out of P.E.I.

Potatoes Yukon Gold
 Market price is climbing.
 Quality is excellent.
 Product of P.E.I.





Fresh From A.J.

MONDAY JULY 6th, 2026



Market News

Gus' picks, Asparagus, Brussel Sprouts & Green Beans.
Cucumber market saw a brief spike in price,
but has since returned to normal levels.

FEATURED



RED FLESH CARA CARA ORANGES





















WASHINGTON & ONTARIO CHERRIES



ONTARIO, QUEBEC & CALIFORNIA STRAWBERRIES



Scan to Access our Website

 <p>Strawberries Market price is stable. California, Ontario and Quebec product available.</p>	 <p>Blueberries Market price is stable. Excellent quality!</p>
 <p>Blackberries Market price is climbing. Quality is excellent. Driscoll brand.</p>	 <p>Raspberries Market price is climbing. Quality is excellent.</p>
 <p>Cantaloupe Melon Shipping size #9, #12. Market price is extremely high.</p>	 <p>Honeydew Shipping size #8 & #5. Market price is climbing. Product of U.S.A.</p>
 <p>Watermelons Market price is stable. Product of U.S.A. Excellent quality.</p>	 <p>Mangos Market price is slightly up. Shipping #8. Altaulfo available.</p>
 <p>Pineapples Market price is stable. Quality is excellent & Extra Sweet!</p>	 <p>Avocado Market price is climbing. Shipping #12 count.</p>
 <p>Limes Market price is dropping. Shipping #175 & #42 count.</p>	 <p>Lemons Market pricing is stable. Shipping, #125 & #95. California Sunkist brand.</p>
 <p>Grapes Red Seedless Market pricing is up. Quality is excellent. California U.S.A. product.</p>	 <p>Grapes Green Seedless Market pricing is stable. Quality is excellent. California U.S.A. product.</p>
 <p>Florida Tomatoes Market price is down , Product of U.S.A.</p>	 <p>Roma Tomatoes Market price is stable. Quality is excellent</p>
 <p>Green House Tomatoes Market price is stable. Ontario Hot House Heirloom Tomatoes.</p>	 <p>Asparagus Market price is climbing. Asparagus tips. Excellent quality! Local product.</p>