



Fresh From A.J.

MONDAY JANUARY 5th, 2026



FEATURED



STRAWBERRIES



BLUEBERRIES



STEM & LEAF CLEMENTINE



Scan to Access our Website

Market News

Gus' picks this week include Strawberries, Blueberries, Stem & Leaf Clementine and Ambrosia Apples. Fresh Kohlrabi is now available. Ontario spring mix supply has recovered and is back in full swing.

 Strawberries Market price saw a big drop. New crop from Florida.	 Blueberries Market price is down. Excellent quality & Price Gus' Weekly Pick!
 Blackberries Market price is down. Quality is good.	 Raspberries Market price high. Quality is excellent. Gus' Weekly Pick!
 Cantaloupe Melon Shipping size #6, #12 Market price is stable. Product of U.S.A.	 Honeydew Shipping size #8 & #5. Market price is stable. Product of U.S.A.
 Watermelons Market pricing is stable. Product of U.S.A. Quality is fair.	 Mangos Market price is excellent Shipping #6. Product of Mexico
 Pineapples Market price is climbing. Quality is excellent!	 Avocado Market price is excellent. Shipping #12 & #36.
 Limes Market price is stable. Shipping #175 & #42 count. Product of Mexico.	 Lemons Market pricing is stable. Shipping #115 & #75 count.
 Grapes Red Seedless Market pricing is stable. Quality is excellent. Product of U.S.A.	 Grapes Green Seedless Market price is high. Jumbo size, with excellent quality. Product of Peru.
 Florida Tomatoes Market price is stable. Product of U.S.A with excellent quality!	 Roma Tomatoes Market price is down. Excellent quality & flavour.
 Green House Tomatoes Market price is up. Quality is excellent! Ontario Hot House.	 Asparagus Market price continues to remain high. Product of Peru. Shipping 5kg.



FEATURED



AMBROSIA APPLES



YELLOW CHERRY TOMATOES
ON THE VINE



BLACK CHERRY TOMATOES
ON THE VINE



Scan to Access our Website

Fresh From A.J.

MONDAY JANUARY 5th, 2026



Romaine



Market price is stable.
Product of U.S.A.

Iceberg



Market price is stable.
Quality is improving.
Product of Mexico.

Green & Red Leaf



Market price is stable.
Product of U.S.A.

Spring Mix / Lettuce Blends



Ontario spring mix is
available and supply has
improved.

Cauliflower



Market price is coming stable.
Shipping #12.
Product of U.S.A.

Broccoli



Market price is stable.
Quality is excellent!
Product of U.S.A.

Celery



Market price is high.
Quality is excellent!
Product of Mexico.

Brussel Sprouts



Market price is high.
Product of Mexico

Green Peppers



Market price is dropping.
Quality is excellent.
Product of Florida U.S.A.

Red Peppers



Market price is dropping.
Quality is excellent!
Product of Ontario.

Yellow Pepper



Market price is dropping.
Quality is great!
Product of Ontario.

Green Beans



Market price is excellent.
Product of U.S.A.
Quality is improving.

Carrots



Market price is stable.
Product of Ontario.

Onions Red & Spanish



Market price is stable.
Quality is excellent.
Product of U.S.A.

Potatoes



Market price is up.
Shipping #1 grade
product out of P.E.I.

Potatoes Yukon Gold



Quality is excellent.
Product of P.E.I.

