



Fresh From A.J.

MONDAY JANUARY 5th, 2026



Market News

Gus' picks this week include Strawberries, Blueberries, Stem & Leaf Clementine and Ambrosia Apples. Fresh Kohlrabi is now available. Ontario spring mix supply has recovered and is back in full swing.

FEATURED



STRAWBERRIES



BLUEBERRIES



STEM & LEAF CLEMENTINE



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Strawberries



Market price saw a big drop.
New crop from Florida.

Blueberries



Market price is down.
Excellent quality & Price
Gus' Weekly Pick!

Blackberries



Market price is down.
Quality is good.

Raspberries



Market price high.
Quality is excellent.
Gus' Weekly Pick!

Cantaloupe Melon



Shipping size #6, #12
Market price is stable.
Product of U.S.A.

Honeydew



Shipping size #8 & #5.
Market price is stable.
Product of U.S.A.

Watermelons



Market pricing is stable.
Product of U.S.A.
Quality is fair.

Mangos



Market price is excellent
Shipping #6.
Product of Mexico

Pineapples



Market price is climbing.
Quality is excellent!

Avocado



Market price is excellent.
Shipping #12 & #36.

Limes



Market price is stable.
Shipping #175 & #42 count.
Product of Mexico.

Lemons



Market pricing is stable.
Shipping #115 & #75 count.

Grapes Red Seedless



Market pricing is stable.
Quality is excellent.
Product of U.S.A.

Grapes Green Seedless



Market price is high.
Jumbo size, with excellent
quality. Product of Peru.

Florida Tomatoes



Market price is stable.
Product of U.S.A with
excellent quality!

Roma Tomatoes



Market price is down.
Excellent quality & flavour.

Green House Tomatoes



Market price is up.
Quality is excellent!
Ontario Hot House.

Asparagus



Market price continues to remain
high. Product of Peru.
Shipping 5kg.



FEATURED



AMBROSIA APPLES



**YELLOW CHERRY TOMATOES
ON THE VINE**



**BLACK CHERRY TOMATOES
ON THE VINE**



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Romaine

Market price is stable.
Product of U.S.A.



Iceberg

Market price is stable.
Quality is improving.
Product of Mexico.



Green & Red Leaf

Market price is stable.
Product of U.S.A.



Spring Mix / Lettuce Blends

Ontario spring mix is
available and supply has
improved.



Cauliflower

Market price is coming stable.
Shipping #12.
Product of U.S.A.



Broccoli

Market price is stable.
Quality is excellent!
Product of U.S.A.



Celery

Market price is high.
Quality is excellent!
Product of Mexico.



Brussel Sprouts

Market price is high.
Product of Mexico



Green Peppers

Market price is dropping.
Quality is excellent.
Product of Florida U.S.A.



Red Peppers

Market price is dropping.
Quality is excellent!
Product of Ontario.



Yellow Pepper

Market price is dropping.
Quality is great!
Product of Ontario.



Green Beans

Market price is excellent.
Product of U.S.A.
Quality is improving.



Carrots

Market price is stable.
Product of Ontario.



Onions Red & Spanish

Market price is stable.
Quality is excellent.
Product of U.S.A.



Potatoes

Market price is up.
Shipping #1 grade
product out of P.E.I.



Potatoes Yukon Gold

Quality is excellent.
Product of P.E.I.

