



# Fresh From A.J.

MONDAY MAY 5<sup>th</sup>, 2025



## Market News

Happy Mother's Day! Locally grown Fiddleheads & Baby Green Leaf, latest additions to our Locally Grown list. Beautiful California Cherries have also arrived. Mother's Day Floral still available, but limited.

### FEATURED





















**ONTARIO  
YELLOW CHERRY TOMATOES**



**ONTARIO FIDDLEHEADS**



**ONTARIO WILD LEEKS (RAMPS)**

|  |   |
|--|---|
|  <p><b>Strawberries</b><br/>Market price is up.<br/>Product of California U.S.A.</p>                                      |  <p><b>Blueberries</b><br/>Market price is dropping.</p>   |
|  <p><b>Blackberries</b><br/>Market price is stable.<br/>Excellent quality!<br/>Product of U.S.A.</p>                      |  <p><b>Raspberries</b><br/>Market price is high.<br/>Quality is very good.</p>   |
|  <p><b>Cantaloupe Melon</b><br/>Shipping size #9, #12<br/>Market pricing is stable.<br/>Product of U.S.A.</p>             |  <p><b>Honeydew</b><br/>Shipping size #8 &amp; #5.<br/>Price is stable.<br/>Product of U.S.A.</p>                            |
|  <p><b>Watermelons</b><br/>Market pricing is up.<br/>Excellent flavour.<br/>Product of U.S.A.</p>                        |  <p><b>Mangos</b><br/>Market price is stable.<br/>Tree ripe avail.<br/>Product of Mexico.</p>                               |
|  <p><b>Pineapples</b><br/>Market price is stable.<br/>Quality is excellent!<br/>Extra Sweet!</p>                        |  <p><b>Avocado</b><br/>Market price continues to be higher. Excellent quality, shipping #14.</p>                           |
|  <p><b>Limes</b><br/>Market price is stable.<br/>Quality is great!<br/>Product of Mexico.</p>                           |  <p><b>Lemons</b><br/>Market pricing is stable.<br/>Shipping #75 &amp; #140 count.<br/>Product of U.S.A.</p>               |
|  <p><b>Grapes Red Seedless</b><br/>Market pricing is stable.<br/>Quality is excellent.<br/>Product of South Africa.</p> |  <p><b>Grapes Green Seedless</b><br/>Market pricing is stable.<br/>Quality is excellent.<br/>Product of South Africa.</p>  |
|  <p><b>Florida Tomatoes</b><br/>Market price is low.<br/>Product of U.S.A.</p>  |  <p><b>Roma Tomatoes</b><br/>Market price is slightly up.<br/>Excellent quality &amp; flavour.<br/>Product of Ontario.</p> |
|  <p><b>Green House Tomatoes</b><br/>Quality is excellent!<br/>Ontario Hot House.</p>                                    |  <p><b>Asparagus</b><br/>Market price is dropping.<br/>Excellent quality! Product of Ontario. 28lb Cases Avail.</p>        |



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ONTARIO HEIRLOOM TOMATOES




ONTARIO CHERRY TOMATOES ON THE VINE



ONTARIO RED CLUSTER TOMATOES

**Romaine**  
  
 Pricing is stable.  
 Quality is excellent!  
 Product of U.S.A.

**Iceberg**  
  
 Market price is stable,  
 quality is excellent!  
 Product of U.S.A.

**Green & Red Leaf**  
  
 Market pricing is stable.  
 Quality is excellent.  
 U.S.A. & Canadian avail.

**Spring Mix / Lettuce Blends**  
  
 Market price is stable.  
 Product of Ontario now  
 available & excellent!

**Cauliflower**  
  
 Market is stable. Purple,  
 Golden & Romanesco  
 available. Shipping #9.

**Broccoli**  
  
 Market price is dropping.  
 Quality is excellent!  
 Product of Mexico.

**Celery**  
  
 Market price is stable.  
 Quality is excellent!  
 Product of U.S.A.


**Brussel Sprouts**  
  
 Quality is excellent.  
 Market price continues to  
 climb. Product of Mexico.

**Green Peppers**  
  
 Market price is stable.  
 Quality is excellent!  
 Product of U.S.A. & Ontario


**Red Peppers**  
  
 Market price is stable.  
 Quality is excellent!  
 Product of Ontario.


**Yellow Pepper**  
  
 Market price is stable.  
 Quality is great!  
 Product of Ontario.

**Green Beans**  
  
 Quality is excellent!  
 Pricing is climbing.  
 Mexican & Guatemalan.

**Carrots**  
  
 Market price is stable.  
 Quality is very good.  
 Product of Ontario

**Onions Red & Spanish**  
  
 Prices are stable.  
 Quality is excellent.  
 Mexican & U.S.A.

**Potatoes**  
  
 Prices are steady.  
 Product of P.E.I. Canada.

**Potatoes Yukon Gold**  
  
 Quality is excellent.  
 Product of P.E.I. Canada.

