



**A.J.LANZAROTTA**  
Wholesale Fruit & Vegetables

# Fresh From A.J.

MONDAY JANUARY 27<sup>th</sup>, 2025



## Market News

With excellent quality and price, all our Berries are Gus's pick this week. Book your Long Stem Strawberries and Roses now!  
Canola & Vegetable Oil is back in stock!

### FEATURED



### LONG STEM STRAWBERRIES



### STRAWBERRIES



### BLUEBERRIES

**Strawberries**  
Market price is steady.  
Quality is excellent.  
Long Stem available.

**Blueberries**  
Market pricing is stable.  
Supply and quality is excellent.

**Blackberries**  
Market price is stable.  
Excellent quality!

**Raspberries**  
Market price is stable.  
Quality is very good.

**Cantaloupe Melon**  
Shipping size #9 & 12.  
Market pricing is high.

**Honeydew**  
Shipping size #6. Canary  
Melons are an excellent  
alternative.

**Watermelons**  
Market pricing is high.  
U.S.A. product with great  
flavour.

**Mangos**  
Market price is down.  
Size #8 with good quality.

**Pineapples**  
Market price is high.  
Quality is excellent!  
Extra Sweet!

**Avocado**  
Market price is high.  
Quality is excellent, supply is  
improving.

**Limes**  
Market price is falling.  
Quality is great!

**Lemons**  
Market pricing is steady.  
Shipping #75 & #140 count.

**Grapes Red Seedless**  
Market pricing is falling.  
Quality is excellent.  
California product.

**Grapes Green Seedless**  
Market pricing is falling.  
Quality is excellent.  
California product.

**Florida Tomatoes**  
Market pricing has dropped.

**Roma Tomatoes**  
Excellent quality & flavour.  
Market price is falling.

**Green House Tomatoes**  
Quality is excellent!  
Ontario Hot House.

**Asparagus**  
Market pricing is stable.  
Thick & large sized bunches.  
Supply is limited.



**FEATURED**



**ROMAINE LETTUCE**



**ICEBERG LETTUCE**



**ROSES**

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**Romaine**

Pricing is down.  
Quality is excellent!



**Iceberg**

Market price is stable and  
quality is excellent!



**Green & Red Leaf**

Market pricing is stable.  
Quality is excellent.



**Spring Mix / Lettuce Blends**

Market price is down.  
Quality is excellent.



**Cauliflower**

Market pricing is stable.  
Ontario product. Purple,  
Golden & Romanesco.



**Broccoli**

Market price is stable.  
Quality is stable!



**Celery**

Market price is stable.  
Quality is excellent!



**Brussel Sprouts**

Quality is excellent.  
Market price is stable.



**Green Peppers**

Market price is dropping.  
Quality is fair.  
Product of U.S.A.



**Red Peppers**

Market price is dropping.  
Quality is good.



**Yellow Pepper**

Market price is very  
dropping.  
Quality is great!



**Green Beans**

Quality is excellent!  
Pricing is stable.



**Carrots**

Market price is climbing.  
Quality is very good.  
Ontario product.



**Onions Red & Spanish**

Prices are stable.  
Quality is excellent.  
Red and Spanish Onions.



**Potatoes**

Prices are steady.  
New crop of Ontario &  
P.E.I. potatoes.



**Potatoes Yukon Gold**

Quality is excellent.  
New Crop of P.E.I. potatoes.

