



**A.J.LANZAROTTA**  
Wholesale Fruit & Vegetables

# Fresh From A.J.

## MONDAY FEBRUARY 3<sup>RD</sup>, 2025



### Market News

Long Stem Strawberries are now available! Book yours today!

Market is steady, bell pepper market saw some relief.

Canola & Vegetable Oil is back in stock!

### FEATURED

**AVAILABLE NOW**





















**LONG STEM STRAWBERRIES**



**STRAWBERRIES**



**BLUEBERRIES**

 <p><b>Strawberries</b> Market price is steady. Quality is excellent. Long Stem available.</p>	 <p><b>Blueberries</b> Market pricing is stable. Supply and quality is excellent.</p>
 <p><b>Blackberries</b> Market price is climbing. Excellent quality!</p>	 <p><b>Raspberries</b> Market price is climbing. Quality is very good.</p>
 <p><b>Cantaloupe Melon</b> Shipping size #9, #12 &amp; jumbo #6. Market pricing is high.</p>	 <p><b>Honeydew</b> Shipping size #8 &amp; #5.</p>
 <p><b>Watermelons</b> Market pricing is dropping. U.S.A. product with great flavour.</p>	 <p><b>Mangos</b> Market price is stable. Size #8 with good quality.</p>
 <p><b>Pineapples</b> Market price is stable. Quality is excellent! Extra Sweet!</p>	 <p><b>Avocado</b> Market price is high. Quality is excellent, supply is improving.</p>
 <p><b>Limes</b> Market price is stable. Quality is great!</p>	 <p><b>Lemons</b> Market pricing is steady. Shipping #75 &amp; #140 count.</p>
 <p><b>Grapes Red Seedless</b> Market pricing is falling. Quality is excellent. California product.</p>	 <p><b>Grapes Green Seedless</b> Market pricing is falling. Quality is excellent. California product.</p>
 <p><b>Florida Tomatoes</b> Market pricing has dropped.</p>	 <p><b>Roma Tomatoes</b> Excellent quality &amp; flavour. Market price is falling.</p>
 <p><b>Green House Tomatoes</b> Quality is excellent! Ontario Hot House.</p>	 <p><b>Asparagus</b> Market pricing is dropping. Thick &amp; large sized bunches. Supply is limited.</p>



**FEATURED**



**FRESH CRANBERRIES**



**ASSORTED FLORAL BOUQUETS**



**ROSES**

# Fresh From A.J.



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### Romaine

Pricing is stable.  
Quality is excellent!



### Iceberg

Market price is stable and  
quality is excellent!



### Green & Red Leaf

Market pricing is stable.  
Quality is excellent.



### Spring Mix / Lettuce Blends

Market price is stable.  
Quality is excellent.



### Cauliflower

Market pricing is stable.  
Purple, Golden &  
Romanesco available.



### Broccoli

Market price is climbing.  
Quality is stable!



### Celery

Market price is stable.  
Quality is excellent!



### Brussel Sprouts

Quality is excellent.  
Market price is stable.



### Green Peppers

Market price is stable.  
Quality is fair.  
Product of U.S.A.



### Red Peppers

Market price is down.  
Quality is good.



### Yellow Pepper

Market price is down.  
Quality is great!



### Green Beans

Quality is excellent!  
Pricing is rising.



### Carrots

Market price is stable.  
Quality is very good.  
Ontario product.



### Onions Red & Spanish

Prices are stable.  
Quality is excellent.  
Red and Spanish Onions.



### Potatoes

Prices are steady.  
New crop of Ontario &  
P.E.I. potatoes.



### Potatoes Yukon Gold

Quality is excellent.  
New Crop of P.E.I. potatoes.

