



# Fresh From A.J.

MONDAY DECEMBER 8<sup>th</sup>, 2025



## Market News

Leaf lettuce market saw yet another drop in price this week. Gus' Picks this week include Blueberries, Raspberries & Blackberries. Fresh arrival... Egyptian Artichokes with stem.

### FEATURED



MARBLE POINSETTIA PLANTS





















WHITE POINSETTIA PLANTS



RED POINSETTIA PLANTS



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 <p><b>Strawberries</b> Market price saw a big drop. New crop from Florida.</p>	 <p><b>Blueberries</b> Market price is down. Quality is Excellent! Gus' Weekly Pick!</p>
 <p><b>Blackberries</b> Market price is stable. Quality is good. Gus' Weekly Pick!</p>	 <p><b>Raspberries</b> Market price is down. Quality is improving. Gus' Weekly Pick!</p>
 <p><b>Cantaloupe Melon</b> Shipping size #9, #12 Market price is stable. Product of U.S.A.</p>	 <p><b>Honeydew</b> Shipping size #8 &amp; #5. Market price is stable. Product of U.S.A.</p>
 <p><b>Watermelons</b> Market pricing is stable. Product of U.S.A. Excellent quality!</p>	 <p><b>Mangos</b> Market price is excellent. Large #8. Product of Mexico.</p>
 <p><b>Pineapples</b> Market price is down. Quality is excellent! This week's Good Buy!</p>	 <p><b>Avocado</b> Market price is excellent. Shipping #12 &amp; #36.</p>
 <p><b>Limes</b> Market price is stable. Shipping #150 &amp; #42 count. Product of Mexico.</p>	 <p><b>Lemons</b> Market pricing is stable. Shipping #162, #115 &amp; #64 count.</p>
 <p><b>Grapes Red Seedless</b> Market pricing is stable. Quality is excellent. Product of U.S.A.</p>	 <p><b>Grapes Green Seedless</b> Market price is stable. Jumbo size, with excellent quality. Product of Peru.</p>
 <p><b>Florida Tomatoes</b> Market price is down. Excellent quality. Product of U.S.A.</p>	 <p><b>Roma Tomatoes</b> Market price is stable. Excellent quality &amp; flavour.</p>
 <p><b>Green House Tomatoes</b> Market price is up. Quality is excellent! Ontario Hot House.</p>	 <p><b>Asparagus</b> Market price is stable. Product of Peru. Shipping 5kg.</p>



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## FEATURED



CALIFORNIA NAVEL ORANGES



LUCY ROSE APPLES



ARTICHOQUES WITH STEM  
PRODUCT OF EGYPT



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### Romaine

Market price saw another big drop this week.  
Product of U.S.A.



### Iceberg

Market price saw a big drop.  
Quality is improving.  
Product of Mexico.



### Green & Red Leaf

Another big drop in the market price this week.  
Product of U.S.A.



### Spring Mix / Lettuce Blends

Market price is down.  
Ontario spring mix is limited with a gap in supply.



### Cauliflower

Market price is coming down.  
Shipping #12.  
Product of U.S.A.



### Broccoli

Market price is down.  
Quality is excellent!  
We recommend the crowns.



### Celery

Market price is climbing.  
Quality is excellent!  
Product of Mexico.



### Brussel Sprouts

Market price is high.  
Product of Mexico



### Green Peppers

Market price is up.  
Quality is excellent.  
Product of Florida U.S.A.



### Red Peppers

Market price is high.  
Quality is excellent!  
Product of Ontario.



### Yellow Pepper

Market price is high.  
Quality is great!  
Product of Ontario.



### Green Beans

Market price is stable.  
Product of U.S.A.  
Quality is improving.



### Carrots

Market price is climbing.  
Product of Ontario.



### Onions Red & Spanish

Market price is stable.  
Quality is excellent.  
Product of U.S.A.



### Potatoes

New Crop of Burbank are now available.  
Product of P.E.I.



### Potatoes Yukon Gold

Quality is excellent.  
Product of P.E.I.

