



**A.J. LANZAROTTA**  
Wholesale Fruit & Vegetables

# Fresh From A.J.

## MONDAY AUGUST 4<sup>TH</sup>, 2025



### Market News

Market remains stable this week.

Supply and quality on all local produce is great!

Checkout our "Locally fresh from AJ" list for everything local!

### FEATURED



ONTARIO PEACHES



ONTARIO RED & BLACK CURRANTS



ONTARIO YELLOW PLUMS



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#### Strawberries



Market price is stable.  
Product of California U.S.A.  
Limited Ontario also Avail.

#### Blueberries



Market price is steady.  
Jumbo size. Wild Ontario  
and cultivated available.

#### Blackberries



Market price is stable.  
Excellent quality!  
Product of U.S.A.

#### Raspberries



Market price is stable.  
Quality is excellent.

#### Cantaloupe Melon



Shipping size #9, #12  
Market pricing is stable.  
Product of U.S.A.

#### Honeydew



Shipping size #8 & #5.  
Price is stable.  
Product of U.S.A.

#### Watermelons



Market pricing is dropping.  
Excellent flavour.  
Product of U.S.A.

#### Mangos



Market price is stable.  
Large #6.  
Product of Mexico.

#### Pineapples



Market price is climbing.  
Quality is excellent!  
Extra Sweet!

#### Avocado



Market price is stable.  
Shipping #12.

#### Limes



Market price is stable.  
Quality is great!  
Product of Mexico.

#### Lemons



Market pricing is rising.  
Shipping #113 & #75 count.  
Product of U.S.A.

#### Grapes Red Seedless



Market pricing is stable.  
Quality is excellent.  
Product of U.S.A.

#### Grapes Green Seedless



Market price is dropping.  
Quality is Excellent!  
Product of U.S.A.

#### Florida Tomatoes



Market price is dropping.  
Product of U.S.A.

#### Roma Tomatoes



Market price is stable.  
Excellent quality & flavour.  
Product of Ontario.

#### Green House Tomatoes



Quality is excellent!  
Ontario Hot House.

#### Asparagus



Market price is stable.  
Product of Mexico.



## FEATURED



ONTARIO CABBAGE



ONTARIO BEEFSTEAK TOMATOES



ONTARIO CAULILINI



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### Romaine

Excellent price and quality!  
Product of Ontario.



### Iceberg

Excellent market and quality!  
Product of Quebec.



### Green & Red Leaf

Market pricing is stable.  
Quality is excellent.  
U.S.A. & Canadian avail.



### Spring Mix / Lettuce Blends

Market price is stable.  
Product of Ontario now  
available & excellent!



### Cauliflower

Market is stable.  
Shipping #12.  
Product of Ontario.



### Broccoli

Market price is dropping.  
Quality is excellent!  
Product of Ontario.



### Celery

Market price is stable.  
Quality is excellent!  
Product of U.S.A.



### Brussel Sprouts

Quality is excellent.  
Market price is high.  
Product of Mexico.



### Green Peppers

Market price is high.  
Quality is fair.  
Product of Ontario.



### Red Peppers

Market price is stable.  
Quality is excellent!  
Product of Ontario.



### Yellow Pepper

Market price is stable.  
Quality is great!  
Product of Ontario.



### Green Beans

Pricing is dropping.  
Product of Ontario.  
Baby beans available.



### Carrots

Market price is high.  
Product of Ontario.  
Ontario bunched carrots.



### Onions Red & Spanish

Prices are stable.  
Quality is excellent.  
Mexican.



### Potatoes

Prices are steady.  
Product of Ontario.  
Try our red skin potatoes.



### Potatoes Yukon Gold

Quality is excellent.  
Product of Ontario.

