



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY OCTOBER 23RD, 2023



Market News

The political unrest in Guatemala may affect bananas, plantains, French beans, peeled baby carrots/tricolor, broccoli florets, snow peas, sugar snap peas, baby squash and specialty tomatoes.

FEATURED ITEMS



SQUASH




SWEET POTATO (YAMS)



FRESH CRANBERRIES

Strawberries

 Market price is steady.


Blueberries

 Market pricing is high. Quality is excellent.

Blackberries

 Good pricing & quality.


Raspberries

 Market pricing is down.

Cantaloupe Melon

 Shipping size #9 & #12's. Market pricing continues to climb.

Honeydew

 Shipping honeydew sizes #5 & #8. Market pricing continues to climb.

Watermelons

 Pricing is stable, with great flavour.

Mangos

 Market price is climbing. Supply is limited.

Pineapples

 The market price is steady. Quality is excellent!

Avocado


 Market price is down. Quality is excellent.

Limes

 Market price is high due to short supply.

Lemons

 Market pricing is high. Shipping #113 & #75.

Grapes Red Seedless

 Market pricing is steady, but high. Quality is excellent.

Grapes Green Seedless

 Market pricing is steady, but high. Quality is excellent.

Florida Tomatoes

 Market pricing is climbing.

Roma Tomatoes

 Excellent quality & flavour. Pricing is up.

Green House Tomatoes

 Quality & market price is excellent! Local Ontario now available.

Asparagus

 Market pricing is high. Product is from Mexico.






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Romaine



Market price is excellent.

Iceberg



Market price is stable.
Quality is excellent.

Green & Red Leaf



Supply & price are good.

Spring Mix / Lettuce Blends



Market price is stable.

Cauliflower




Market pricing is steady.
Purple, Golden & Romanesco available

Broccoli



Quality is excellent!
Market price is down.

Celery



Market price is climbing.

Brussel Sprouts



Quality is excellent.
Market price is good.

Green Peppers



Market price is climbing.
Ontario product is winding down.

Red Peppers



Market price is steady.
Ontario product with both 25lb & 5kg available.

Yellow Pepper




Market price is steady.
Ontario product with both 25lb & 5kg available.

Green Beans



Pricing is high.
Ontario Green & Yellow beans have fair quality.

Carrots



Pricing is high.
Quality is very good.
Ontario product.

Onions Red & Spanish



Prices are steady for Red and Spanish Onions.
Quality is excellent.

Potatoes



Prices are steady.
Ontario & U.S.A. potatoes.

Potatoes Yukon Gold



Quality is excellent. Market price is steady.
Local Ontario product.



UGLY PUMPKINS



CINDERELLA PUMPKINS



GOURDS & MINI PUMPKINS

