



Market News

Local items now available;

Asparagus, Kale, Collards, Rhubarb, Green Leaf, Romaine and more...
Strawberries, Broccoli and Cauliflower, are this week's good buys!

FEATURED ITEMS



ONTARIO STRAWBERRIES





















CHERRIES



MANGOES



 <p>Strawberries Market price is stable. Excellent quality.</p>	 <p>Blueberries Market pricing is climbing. Quality is excellent and full pints.</p>
 <p>Blackberries Pricing is stable this week. Good quality and sizing.</p>	 <p>Raspberries Market pricing is stable with very good quality.</p>
 <p>Cantaloupe Melon Shipping size 9 & 12's. Market pricing is steady with good quality.</p>	 <p>Honeydew Shipping honeydew sizes 9 & 6's. Market pricing is stable & quality is good.</p>
 <p>Watermelons Pricing is stable. USA Melons with great flavour.</p>	 <p>Mangos Market pricing and quality are good. Size #8.</p>
 <p>Pineapples The market price is steady and quality is excellent! Extra Sweet!</p>	 <p>Avocado Market pricing is stable, as supply remains limited. Quality is excellent.</p>
 <p>Limes Market price is coming down.</p>	 <p>Lemons Market pricing is stable. Shipping size #113 and #64. Meyer lemons available.</p>
 <p>Grapes Red Seedless Market pricing is extremely high. New crop from Mexico. Black grapes are also excellent!</p>	 <p>Grapes Green Seedless Market price is extremely high and in limited supply. New crop from Mexico.</p>
 <p>Florida Tomatoes Market pricing is stable. Quality is very good.</p>	 <p>Roma Tomatoes Market price is stable. Excellent Quality & Flavour.</p>
 <p>Green House Tomatoes Quality and market price is excellent!</p>	 <p>Asparagus Market price saw a big drop. Local Ontario product. White & Purple is also available.</p>

Fresh From A.J.



MONDAY JUNE 5th, 2023



PURPLE CAULIFLOWER



LOCAL ASPARAGUS



ONTARIO ZUCCHINI FLOWERS



ASPIRATION/BROCCOLINI



Romaine

Market price is stable, with short supply.



Iceberg

Market pricing is dropping. Excellent quality.



Green & Red Leaf

Excellent quality, market price is dropping.



Spring Mix / Lettuce Blends

Market price is stable, with excellent quality.



Cauliflower

Market price is stable. Purple & Golden also available.



Broccoli

Quality is excellent! Market price is stable.



Celery

Product of U.S.A. Market price is very high.



Brussel Sprouts

Quality is excellent. Market price is high. U.S.A product.



Green Peppers

Shipping product from Florida. Market price dropped with good quality.



Red Peppers

Market price is stable. Ontario product with excellent quality!



Yellow Pepper

Local Ontario product. Market price is steady with good quality.



Green Beans

Pricing is stable. Quality is improving. Good buy this week!



Carrots

Pricing is climbing and quality is very good.



Onions Red & Spanish

Prices are climbing for Red and Spanish Onions. Quality is excellent.



Potatoes

Prices are steady. Quality is good and supplies are steady.



Potatoes Yukon Gold

Quality of white creamers and Yukon's are excellent. Pricing is stable.

