



A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY JUNE 19TH, 2023



Market News

Our locally grown item list is now available.
Salad Tomatoes, Cauliflower & Ontario Strawberries
are this week's good buys.

FEATURED ITEMS





















ONTARIO STRAWBERRIES



CHERRIES



MANGOES

 <p>Strawberries Market price is climbing.</p>	 <p>Blueberries Market pricing is stable. Quality is excellent and full pints.</p>
 <p>Blackberries Pricing is up slightly this week.</p>	 <p>Raspberries Market pricing is stable with very good quality.</p>
 <p>Cantaloupe Melon Shipping size 9 & 12's. Market pricing is steady with good quality.</p>	 <p>Honeydew Shipping honeydew sizes 5 & 8. Market pricing is high & quality is good.</p>
 <p>Watermelons Pricing is stable. USA Melons with great flavour.</p>	 <p>Mangos Market pricing and quality are good. Size #7.</p>
 <p>Pineapples The market price is steady and quality is excellent! Extra Sweet!</p>	 <p>Avocado Market pricing is climbing. New crop and green.</p>
 <p>Limes Market price is coming down.</p>	 <p>Lemons Market pricing is stable. Shipping size #113 and #64. Meyer lemons available.</p>
 <p>Grapes Red Seedless Market pricing saw another big drop. New crop from Mexico.</p>	 <p>Grapes Green Seedless Market pricing saw a big drop and supply is good. New crop from Mexico.</p>
 <p>Florida Tomatoes Market pricing is stable. Quality is very good.</p>	 <p>Roma Tomatoes Market price is stable. Excellent Quality & Flavour.</p>
 <p>Green House Tomatoes Quality and market price is excellent!</p>	 <p>Asparagus Market price is stable. Local Ontario product. White & Purple is also available.</p>



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PURPLE CAULIFLOWER



ONTARIO ASPARAGUS



ONTARIO ZUCCHINI FLOWERS



ASPIRATION/BROCCOLINI



Romaine

Market price is stable, with short supply.



Iceberg

Market pricing is dropping. Excellent quality.



Green & Red Leaf

Excellent quality, market price is dropping.



Spring Mix / Lettuce Blends

Market price is stable, with excellent quality.



Cauliflower

Market price is dropping. Purple & Golden also available.



Broccoli

Quality is excellent! Market price is stable.



Celery

Product of U.S.A. Market price is very high.



Brussel Sprouts

Quality is excellent. Market price is high. U.S.A product.



Green Peppers

Shipping product from Florida. Market price dropped with good quality.



Red Peppers

Market price is stable. Ontario product with excellent quality!



Yellow Pepper

Local Ontario product. Market price is steady with good quality.



Green Beans

Pricing is stable. Quality is improving. Good buy this week!



Carrots

Pricing is stable and quality is very good.



Onions Red & Spanish

Prices are stable for Red and Spanish Onions. Quality is excellent.



Potatoes

Prices are steady. Quality is good and supplies are steady.



Potatoes Yukon Gold

Quality of white creamers and Yukon's are excellent. Market price is climbing..

