



# Fresh From A.J.

MONDAY FEBRUARY 12<sup>th</sup>, 2024



## Market News

We continue to experience challenges with the quality of leaf vegetables.

We have the quality level rated as fair.

Checkout our 2024 Valentine's Day promo for floral options.

### FEATURED FRUITS



PINEAPPLES




STRAWBERRIES



ROYAL GALA APPLES

**Strawberries**  
 Market price is very high.

**Blueberries**  
 Market pricing is stable. Quality is excellent.

**Blackberries**  
 Market pricing is stable. Excellent quality!

**Raspberries**  
 Market pricing high. Driscoll brand with excellent quality!

**Cantaloupe Melon**  
 Shipping size #9 & #12's. Market pricing is high.


**Honeydew**  
 Shipping honeydew size #6. Market pricing is excellent.

**Watermelons**  
 Market pricing is a little high, with great flavour.


**Mangos**  
 Market price is back up this week. Quality is good.

**Pineapples**  
 The market price is steady. Quality is excellent! Extra Sweet!

**Avocado**  
 Market price is stable. Quality is excellent.

**Limes**  
 Market price is stable. Supply is good.

**Lemons**  
 Market pricing is stable. Shipping #75 & #100 count.

**Grapes Red Seedless**  
 Market pricing is high. Quality is excellent. Product of USA.

**Grapes Green Seedless**  
 Market pricing is high. Quality is excellent. Product of Peru.

**Florida Tomatoes**  
 Market pricing is dropping.

**Roma Tomatoes**  
 Excellent quality & flavour. Market price saw a significant drop.

**Green House Tomatoes**  
 Quality & market price is excellent! Local Ontario still available.

**Asparagus**  
 Market pricing saw a significant drop. Mexican crop has arrived. Thick & large sized bunches.



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## FEATURED VEGETABLES



**KOHLRABI**




**SWISS CHARD**



**PURPLE YAMS**

**Romaine**  

 Market price is stable this week. Quality is fair!

**Iceberg**  

 Market price is stable. Quality is fair.

**Green & Red Leaf**  

 Supply & price are good.

**Spring Mix / Lettuce Blends**  


 Market price is stable. Quality is fair.

**Cauliflower**  

 Market pricing is steady. Quality is excellent!

**Broccoli**  

 Quality is excellent! Market price is stable.


**Celery**  

 Market price is stable and quality is excellent.

**Brussel Sprouts**  

 Quality is excellent. Market price is good. This week's good buy!

**Green Peppers**  

 Market price is very high. Product of U.S.A. Quality is great!

**Red Peppers**  

 Market price is stable, but still on the high side.

**Yellow Pepper**  

 Market price is stable, but still on the high side.

**Green Beans**  

 Pricing is high. U.S.A. product.

**Carrots**  

 Pricing is dropping. Quality is very good. Ontario product.

**Onions Red & Spanish**  

 Prices are climbing for Red and Spanish Onions. Quality is excellent.

**Potatoes**  

 Prices are steady. Ontario & U.S.A. potatoes.

**Potatoes Yukon Gold**  

 Quality is excellent. Market price is stable. Local Ontario product.

