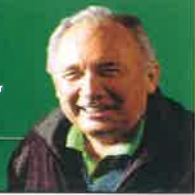




A.J. LANZAROTTA
Wholesale Fruit & Vegetables

Fresh From A.J.

MONDAY AUGUST 7th, 2023



Market News

Check out our local list for product availability.
Give us a follow on Instagram [@a.j.lanzarottaproduce](https://www.instagram.com/a.j.lanzarottaproduce) and stay up to date with everything AJL.

FEATURED ITEMS



ONTARIO CORN




U.S.A. CHERRIES



CHAMPAGNE GRAPES



Strawberries
 Market price is high. Quality is good.

Blueberries
 Market pricing is climbing. Quality is excellent and full pints.

Blackberries
 Good price and quality this week. Ontario product.

Raspberries
 Market pricing is high and quality is excellent. Ontario available.

Cantaloupe Melon
 Shipping size 9 & 12's. Market pricing is stable with good quality.

Honeydew
 Shipping honeydew sizes 6 & 8. Market pricing is stable & quality is good.

Watermelons
 Pricing is stable. USA Melons with great flavour.


Mangos
 Market pricing and quality are good. Size #7.

Pineapples
 The market price is climbing and quality is excellent! Golden & Extra Sweet!

Avocado
 Market pricing is stable this week.

Limes
 Market price is stable.

Lemons
 Market pricing is stable. Shipping size #113 and #80. Meyer lemons available.

Grapes Red Seedless
 Market pricing is dropping. Quality is excellent. California product.

Grapes Green Seedless
 Market pricing is dropping. California product.

Florida Tomatoes
 Market pricing is stable. Local Ontario now available.

Roma Tomatoes
 Market price is down. Excellent quality & flavour. Local Ontario now available.

Green House Tomatoes
 Quality & market price is excellent! Local Ontario now available.

Asparagus
 Market pricing is high. Product is from Peru.



BABY CARROTS



ONTARIO CAULIFLOWER



ONTARIO ZUCCHINI FLOWERS



ASPIRATION/BROCCOLINI



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Romaine

Market price is climbing and supply is improving.



Iceberg

Market pricing is climbing and quality is excellent. Supply is limited.



Green & Red Leaf

Excellent quality, market price is climbing. Supply is limited.



Spring Mix / Lettuce Blends

Market price is stable, with excellent quality.



Cauliflower

Market pricing is steady. Local Ontario product.



Broccoli

Quality is excellent! Market price is stable. Local Ontario product.



Celery

Market price is dropping. Local Ontario product.



Brussel Sprouts

Quality is excellent. Market price is high. U.S.A product.



Green Peppers

Market price is steady with good quality. Local Ontario product.



Red Peppers

Market price is climbing. Ontario product with excellent quality!



Yellow Pepper

Local Ontario product. Market price is climbing with good quality.



Green Beans

Pricing is dropping. Ontario Green & Yellow beans available.



Carrots

Pricing is high and quality is very good.



Onions Red & Spanish

Prices are climbing for Red and Spanish Onions. Quality is excellent.



Potatoes

Prices are steady. Quality is good. Ontario Potatoes.



Potatoes Yukon Gold

Quality is excellent. Market price is steady. Local Ontario product.

